



# SAMA KARATE

## ORGANISATION



NON CONTACT  
KARATE  
TAUGHT BY  
QUALIFIED  
INSTRUCTORS

- Loose comfortable clothing REQUIRED to begin with
- £5.50 PER CLASS - PAY AS YOU GO
- NO DIRECT DEBITS OR CONTRACT
- EVERYONE WELCOME 4 YEARS+

*We specialise in teaching traditional Karate encouraging confidence, respect, discipline, self awareness & agility instilling important values & life skills.*

### Berrywood Primary School

Mondays 3:15pm - 4:15pm

Email [MS.SKOnline@gmail.com](mailto:MS.SKOnline@gmail.com) to book your place  
(Starting back 17<sup>th</sup> April )

07764 478507

[www.sama-southwest.com](http://www.sama-southwest.com)



Child Protection  
in Sport Unit



change  
4life

