

Monday 7<sup>th</sup> November

Dear Parents and Carers,

This half-term, Year 4 will taste some Ancient Egyptian ingredients to support our learning in design and technology. Later this term, they will be planning and making their own Egyptian bread.

If your child is allergic to any of the ingredients listed below, please tick the appropriate boxes so that we can plan accordingly.

If your child can eat all of the foods below, then please leave the boxes on the Google form blank. *Please note that we will encourage children to try as many foods as possible, barring allergies, but that no child will be made to try a food that they strongly dislike.*

Olives

Feta cheese

Sundried tomatoes

Dates

Pomegranate seeds

Rosemary

Coriander

Other food allergies we should be aware of (Please note: if your child has an allergy to **flour, butter, sugar, salt** or **yeast** please state this, as we will be using these ingredients to make our final breads later this term).

Please complete the Google form, link below, below by Monday 14<sup>th</sup> November, as our food tasting will take place the following week.

<https://forms.gle/LPskg9AEBqxRxdPGA>

Yours sincerely,

The Year 4 Team

