



Berrywood Primary School – Water Policy

At Berrywood Primary School, we are committed to promoting the health, wellbeing, and learning of all our pupils. As part of our approach to encouraging healthy choices and maintaining a focused learning environment, we have adopted the following water policy:

Water-Only Policy

Children are only permitted to drink **plain water** during the school day. This applies to all areas of the school including classrooms, playgrounds and the dining hall.

Rationale:

- Water keeps children hydrated, which supports concentration and learning.
- It helps create a consistent and healthy environment for all pupils.
- Plain water is a safe and tooth-friendly option, helping us promote good dental hygiene.

What Parents and Carers Need to Know:

- Please ensure your child brings a reusable bottle filled with **plain water** each day.
- Bottles should be clearly labelled with the child's name and taken home daily for cleaning.
- Fizzy drinks, squash, juice, flavoured water, and other beverages are not allowed.

Exceptions:

- Children with medical needs requiring alternative drinks should provide medical documentation and consult with the school office.

Thank you for your support in helping us create a healthy, happy learning environment for all pupils.