

7<sup>th</sup> November 2019

Dear Parents and Carers,

Next week we will be supporting the national '**Anti Bullying week**' campaign. The children will have many opportunities to discuss how bullying can present itself along with ways to get support if they feel they are being bullied. The theme this year is, '**Change Starts with Us**'. Below is a list of the aims of the week.

*Small change. Big difference.*

*Whether it is verbal, physical, online or in-person, bullying has a significant impact on a child's life well in to adulthood. By making small, simple changes, we can break this cycle and create a safe environment for everyone. Because together, we can challenge bullying. Change starts with a conversation. It starts with checking in. It starts with work together.*

Your support in promoting a positive approach to how we treat those around us is always greatly appreciated. We would like to invite the children to come to school on **Wednesday 13<sup>th</sup> November** 2019 wearing odd socks, supporting and celebrating the concept that we are all different.

If you would like any more information regarding the national campaign you can always visit the Anti-Bullying Week website at <https://www.anti-bullyingalliance.org.uk>

Thank you for your support with this important message.

Yours sincerely,

Mrs Paterson  
PSHE Co-ordinator

