

Dear Year 4 Parents and Carers,

Your child will be going swimming on Mondays, the dates are listed below:

Monday 24th June, 1st July, 8th July, 15th July and 22nd July

All children should bring a swimsuit, a swimming cap and a towel, clearly named, to each session. Goggles are also helpful. Please note that boys should wear swimming trunks, not beachwear, and girls need to wear a one piece swimsuit. Studs should either be removed or covered with a swimming cap. Swimming caps are compulsory for all children in teaching sessions. For further details please refer to Bishops Waltham's Junior School Pool Operating Procedures.

Please see overleaf for details of your child's initial swimming session.

We will be swimming at Bishops Waltham Junior School and we will be travelling there by coach. The first class will leave Berrywood at 11.30am and the coach will run on a shuttle basis until 2.45pm. The cost of the coach is £160 per day, a voluntary contribution of £1.79 per child per session or £8.95 for all 5 sessions can be made payable online, see details on the slip below.

Please could all children bring a packed lunch on the swimming days. If your child is entitled to free school meals a lunch bag will be provided, however, if your child does not require the school to provide a lunch bag please inform the school office or your child's classteacher.

The Year 4 Team would be grateful of any parent volunteers to support the children on the coach journey. If you are able to help please complete the reply slip below and Mr Hutton or a member of the Year 4 team will contact you. Thank you in advance for your continuing support.

Children may only be excused from swimming for **medical** reasons, which should be notified in writing to the class teacher.

Yours sincerely,



Nick Hutton
 Sport and Physical Development Leader

✂-----
To: Mr Hawkins, Ms Phillips, Mrs Leigh, Mrs Rapley, Year 4 Team

*I have paid online at www.scopay.com/berrywood-pri / *I enclose my voluntary contribution of £1.79 per session / £8.95 for all 5 sessions. If paying by cheque please make payable to Hampshire County Council (HCC).

*I can / *cannot help support the teacher on the coach.

If available to help on the coach: Please print name

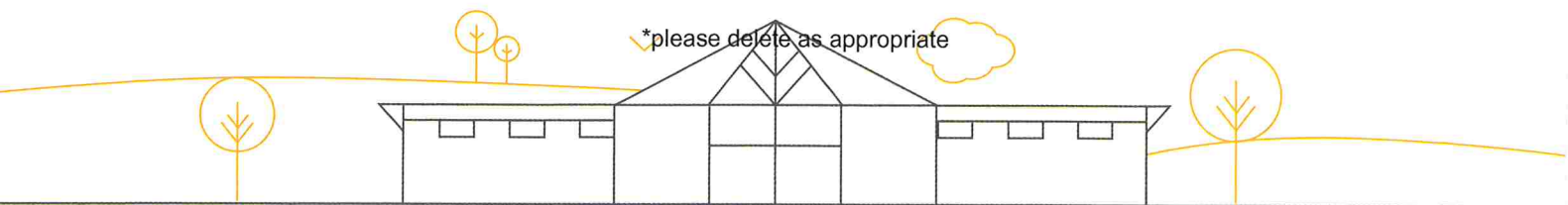
If available to help on the coach: Telephone number

Any medical conditions we should be aware of:

.....

Child's name: Class:

Signed: Parent/Guardian Date:



On the first swimming session your child will be assessed on his / her ability to swim front crawl and backstroke, looking at body position in the water, kick, arm action on both front and back and breathing on front crawl. This information will then be used to group the swimmers and support them on those highlighted areas to achieve their maximum potential in the pool time available.

During the swimming lessons your child will be using a float or a woggle. The floats / woggles are used as a training aid to improve kick, body position, breathing and single arm action and are used by all swimmers at all levels of training. It is not used as an indication that your child cannot swim but used to support and improve your child's swimming ability. Please feel free to speak to me should you like any advice or guidance regarding either of these.

We hope your child will enjoy his / her sessions with us and hopefully go on to improve their swimming with outside swimming lessons or clubs.